

Birth

Supporting Syrian Mothers & Babies



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www.islamichelp.org.uk

Registered Charity Number 1160490



REACHING PEOPLE IN NEED



No one knows how many babies have been born to Syrian refugee mothers in Jordan but UNFPA, the UN's Population Fund, said that **16,000** refugees were pregnant at any one time.

Syrian refugees are not allowed work permits. Their expenditure is approx. £500 per month per family. About a tenth of their expenditure is on health services.

Since the start of the Syrian conflict in March 2011, more than **5 million** Syrians have fled their homeland.

Jordan has taken in more than **650,000** Syrians (UNHCR), putting enormous strain on its resources. In November 2014, the Jordanian government rescinded the free health care it had provided to Syrian refugees.

Of the Syrian refugees in Jordan, more than half are women. It's estimated that approx. 90,000 are aged 18-25 years.

To help ease the plight of Syrian refugees who were struggling to meet the costs of giving birth, Islamic Help set up its Birth Clinic in Irbid Jordan. Among its aims were:

- To pay for the birth delivery costs
- Provide ante-natal and post-natal care
- Provide nutritional support to pregnant women and essential nutrition to malnourished new-borns
- Save the lives of, and ensure the well-being of, pregnant refugees, mothers and new-borns.

Birth

Supporting Refugee Mothers & Babies

Birth Clinic for Refugee Mothers and Babies

Thank you to the people of the UK, Australia and Singapore



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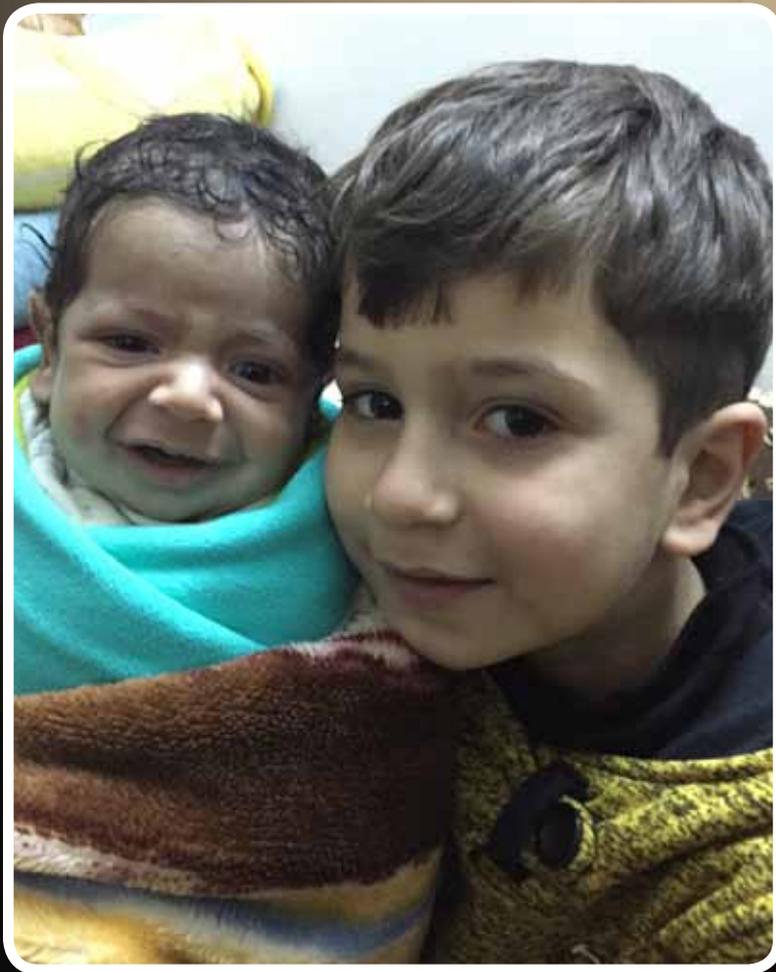
The Birth Clinic was set up as a focal point of services for Syrian pregnant women, mothers and babies. From the initial check-ups to determine the expected date of delivery, it linked them to partner medical service providers for deliveries.

The Birth clinic opened in May 2016. The criterion for the selection of pregnant women was:

- Those who were 6-8 months pregnant
- Syrian refugees in camps or host communities, anywhere in Jordan
- The poor and needy.

Among the mothers helped by the Birth Clinic was Lerine, who was looked after and given medical check-ups from 4 months to the end of her pregnancy.

Lerine fled to Jordan after her home in Syria was bombed. Her father was killed in the bombing. She thought her life was over but in Jordan she married and was later blessed with a baby boy, Karam.



Isra (main photo) and her family were asleep when their home was bombed. She and her sister and father survived but her mother was killed.

Isra arrived in Jordan in 2013 and got married. Her first child, Mazin, was born with a Caesarean but it was an unhappy experience for Isra as she didn't receive the care she expected.

A year later, she was blessed with daughter Layan, who was born fit and healthy after her mother received care and support at the Birth Clinic.

The Birth clinic is fully furnished with access to the latest medical equipment. It features:

- A maternity ward.
- A paediatric ward.
- An emergency room.
- A dentist's room.
- Reception and waiting halls for patients.

Fully qualified medical and clinical staff have been hired locally for one year with the possibility of extensions. They include:

- A gynaecologist and paediatric doctor.
- A nurse and a lab technician.
- Service personnel (women).



From its opening in May 2016 to the end of December 2016, the Birth Clinic has helped more than **2,000** Syrian mothers-to-be.

During that seven-month period, 55 babies have been delivered normally and 52 by Caesarean. The high number of Caesarean deliveries highlights the urgent need for medical and emergency treatment required for Syrian refugees because of their situation.



Patients helped at the Birth Clinic
31 May 2016 - 31 December 2016

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|-------------------------------|--------------|
| Maternal Clinic | 1,119 |
| General Clinic | 338 |
| Dental Clinic | 91 |
| Laboratory | 389 |
| Deliveries (Normal) | 55 |
| Deliveries (Caesarean) | 52 |
| TOTAL | 2,044 |



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